



Photo by Todd Berenger

'Lunch Crunch' workout

The East Fitness Center's "Lunch Crunch" workout is one of many fitness activities that can help Airmen reach their fitness standard goal in January. The Lunch Crunch is offered Mondays, Wednesdays and Friday, 12:30-1 p.m. Call Staff Sgt. Barbara Dixon for details at 846-1102.

Retiree Activities hosts military retiree day

The annual Retiree Appreciation Day sponsored by the 377th Air Base Wing's Retiree Activities Office is tomorrow, 7:30-11:30 a.m., in the Rio Grande Community Center.

The day includes the Uniformed

Services Retiree Seminar, services update provided by the 377th Mission Support Squadron and special sales at the Commissary and BX.

Also offered will be identification card services, Defense Eligibility Enroll-

ment Reporting checks and Motor Vehicles Department service in the Consolidated Support Building 20245, 11 a.m.-2 p.m. Information, Tickets and Travel will also be open.

Retirees can get cholesterol, body fat

and blood pressure checks 8-11 a.m.-in the Rio Grande Community Center.

The Legal Office offers simple wills and powers of attorney, 10:30 a.m.-3:30 p.m., in Room B-36 at the 377th Air Base Wing Headquarters.

Town Hall meeting set for Sept 10

A town hall meeting Sept. 10 includes information about the housing privatization, Highland cluster schools, school district boundaries, traffic flow concerns, safety on F and G streets and open access for medical care.

The meeting is 6-8 p.m. in the Rio Grande Community Center.

If you have questions on the topics that will be addressed, contact Cathy Mosier, 377 ABW/CVX, 377th Air Base Wing Headquarters.

Kirtland AFB phone books available for pickup

The newest Kirtland AFB telephone books have arrived and are available Sept. 8-12, 8 a.m.-noon each day.

The books are at Building 20720

off Hardin Boulevard, just east of Wyoming Boulevard. Following signs to Receiving /Bench Stock.

For questions or directions, call 853-6657.

**29 days
to LNSI**

Force Protection
Condition
ALPHA
Straight Talk
853-4636

**134
TEAM
KIRTLAND
members
are
deployed**

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